



**MOMENTUM:  $p=m*v$**   
**(Momentum = mass x velocity)**

Presented By Phil Avery

# **ENGAGEMENT = LEVEL OF CARE**

**C** = CONNECTION

**A** = AFFIRMATION

**R** = RESPONSIBILITY

**E** = ENVIRONMENT



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## OWN THE UGLY

**U** = What are we Underestimating?

**G** = What's gotta Go?

**L** = What are we Losing?

**Y** = Where are we missing the Yes?



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## SEVEN RINGS ASSESSMENT

AGREE or DISAGREE?	YES	NO	COMMENT
My employer is doing everything possible to keep me safe at work.			
I can be my authentic self while I am at work.			
I have everything I need to excel in this job (tools, equipment, technology, etc.).			
I like, respect, and trust my boss.			
I genuinely like the people I work with day in day out.			
This environment energizes me and makes me want to perform.			
We have a fun, enjoyable workplace atmosphere.			